



# Flitcham cum Appleton Village Newsletter MARCH 2015

## A BIG Thank you

to Roger Young for consistently producing such an informative and varied newsletter each and every month come rain or shine. As guest editor this month I know how hard it can be to put together such a publication. We rely so heavily on the villagers contributions and know without your thoughtfulness, during your busy daily lives, such a newsletter could not exist!

Thank you Roger and all Contributors.

Justine Cullum

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## Flitcham Bell Football Club

Not since the days of playing teams like Syderstone and Wighton some 20 years ago, have Flitcham outfit had a run of winning games, over half a season or a campaign.

So well done to the Squad!

Andrew Jarvis

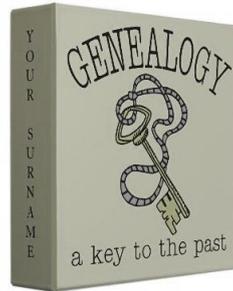


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## Coffee Morning

**EVERY Friday 10am** until midday from **10th April** onwards. Come and have a drink with homemade cakes. Meet old friends and / or make new ones in a relaxed friendly atmosphere at Flitcham Community Centre. With local Flitcham produce and a small selection of local crafts, goods and books for sale.

Free local paper available to all



## Ancestry Night

Every fourth Sunday of the month (7pm Flitcham Community Centre) an invite to anyone who is interested in not only trying to trace their past relatives, but also, possible ways of doing so. Sarah and Sally will run the evening, both having a good deal of experience in family research. The idea is to give people the chance to come to an informal gathering, where the complete novice with little or no computer skills can feel comfortable amongst the more experience, to do family research. The evening is free. If you could bring your own laptops that would be very useful, but is in no way a requirement as all will be encouraged and involved.

*we look forward to seeing you there*

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## Village Parties

Take the work out of preparing your house for a party and have it and the Flitcham Community Centre.

Room hire

£7.50 per hr (members)

£10.00 per hr (non-members)

secretary Sue Allen 600 119 or email  
s.allen@suster.plus.com

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## Flitcham Social Club Committee

Welcome Sarah Jary as a new and most welcomed member to the Social Club Committee.

## Bingo

In Aid of St Marys Church Flitcham

A bingo evening will be held at the Ffolkes Arms, Hillington on Monday 16th March, eyes down at 7.30pm. (If you would like to donate a prize please ring Liz Osborne 01485 600285) Great Prizes! Thank you and Happy New Year - Buffy Ross



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## The Annual Flitcham Yard

Flitcham Yard Sale day is Sunday 5th April starting at 9am with a plethora of stall items for sale throughout the village. With refreshments, delicious homemade cakes with burgers & hot dogs at the Community Centre. Please contact me for a stall number, stalls £2.00.

for additional information please contact  
Justine Cullum 01485 601 564

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## Flitcham Club Opening Hours

Monday 7.30pm – 11.00pm  
Tuesday 7.30 – 11.00pm  
Wednesday 7.30pm – 11.00pm  
Thursday 7.30pm – 11.00pm  
Friday 5pm – 11.00pm  
Saturday 7.30 – 11.00pm  
Sunday 12pm – 3pm  
7.30pm – 11.00pm

**ALL WELCOME**

## CHURCH SERVICES

### Palm Sunday 29th March

8.00 am Holy Communion  
Sandringham  
11.00 am Mattins  
Castle Rising

### Monday 30th March

10am Holy Communion  
Sandringham

### Tuesday 31st March

10 am Holy Communion  
Castle Rising  
[at Trinity]

### Wednesday 1st April

10am Holy Communion  
Wolferton  
7pm Holy Communion  
Flitcham

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## Kings Lynn Hospital League

The Kings Lynn Hospitals League of Friends Christmas Dinner Appeal in the village of Flitcham raised £180.89 for December 2014. Many thanks to all contributors.

I also collect used postage stamps for the League of Friends. I live at 50 Abbey Road, so if you have any to bring me, they are always grateful for these to sell on for their funds.

Thank you and regards Yvonne Sturman

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## FOR SALE

### TIMBER

Rough sawn timber  
Posts and planks  
Various sizes

Kevin Piggott 07771 920 690

### TV

flat screen TV: wall mountable 26",  
Acoustic-Solutions-TV (age unknown) -  
£30.00. Tis the ex Flitcham club TV.

Contact in the first instance Paul  
Addyman on 07740 647 782

## FOUND

men's very large grey 40 gram wool  
gloves 'Thinsulate' call: 01485 601 564

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## USEFUL CONTACT NUMBERS

### Parish Council Chairman

Richard Gray: 01485 600 114

### Flitcham Social Club Chairman

Paul Addyman: 01485 600 790

### Community Centre Chairman

Neil Farrow: 07930 552 962

### Village Activities

Joan Gray: 01485 600 114

### Football & Cricket Club

Andrew Jarvis: 01485 609 025

### Bowls Club

Sandra Bidewell: 01485 601 045

### Wolf Folk Club

Roger Young: 01485 600 948

### Good Companions

Patsy: 01485 544 358

### Mobile Library

Information: 01603 638 117

### Free Benefits Advice

Information: 0800 638 117

### Flitcham St Mary Church

Sally Stanton: 01485 609 099

Buffy Ross: 01485 600 018

### Chimney Sweeps

Paul Addyman: 01485 600 790

### Car Repairs

Neil Farrow: 07930 552 962

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## ADVERTISE HERE FREE

Tell everyone about your club and  
advertise here free for new memberships  
or if you have something to sell!

contact Roger Young **01485 600 948**

## FLITCHAM HISTORY

### Roman Occupation

Evidence has found that there was substantial settlement within the parish during the period of Roman occupation in Norfolk. In 1940 archaeologist found a villa and bath house on slopes overlooking smaller settlements in the river Babingley valley. These substantial buildings were found in Denbeck Wood, a little north west of Flitcham near Appleton. The excavations revealed the main house, which had glazed windows and a tessellated floor, and a courtyard surrounded by small buildings along with the bath house which had pink painted wall plaster. The dig also found a number of Roman artefacts which included coins, pottery, brooches and other metalwork dating from the 3rd to the early 4th centuries. Another building was discovered near Flitcham Hall on the northern side of Common Drove. On this site, pottery, flue tiles and other architectural fragments were unearthed. These two buildings are part of a group of villas in the area, including others at Congham and Gayton.

### Saxon Period

During the excavations of the Denbeck Wood villa other artefacts were found from the Saxon period. These included early Saxon pottery, brooches and other metalwork, as well as Middle and Late Saxon pottery and metalwork.

### The Domesday Book

Flitcham has an entry in the Domesday Book of 1085 where its population, land ownership and productive resources were extensively detailed. In the survey Flitcham is recorded by the name of *Flicham*, *Phlicham* and *Plic(e)ham*. The main tenants being the Bishop of Bayeux, William de Warenne and Robert and Ranulf Fitz Walter from Roger Bigot. The survey also list that there are 4 mills, a church, 3 acres (12,000 m<sup>2</sup>) of meadow, pannage for 27 swine, 3 cows, 1 beast for carriage and 180 sheep. In the Domesday book the size of woodland was normally given as the number of swine a wood could support in this case 27 pigs.

*Who knew!*

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### COPY DEADLINES

Copy needs to be received before the 16<sup>th</sup> of the month prior to publication to allow time for editing, printing and distribution. This is to ensure that it is out before the month starts. Please email or hand submissions to the editor. Regular subscribers will receive an email reminder.

Editor: Roger Young **01485 600 948** or email [youngroger235@gmail.com](mailto:youngroger235@gmail.com)